

Wellness Center South
Suggestion Box Comments & Responses – March 2025

At Wellness Center South we value your feedback! Below you will find responses to your comments and suggestions from the MAB and staff. We have tried our best to comment on each suggestion/comment to meet your needs. Please let staff or a MAB member know if your question/comment has not been answered and/or addressed. Thank you!

Comments & Suggestions:

Comment #1: Whole Person Care facilitator is doing a terrific job running groups. She needs to be recognized for her Groups on a helpful valuable scale. I'm giving her positive feedback because she deserves it!

Response #1: Thank you for such wonderful praise. We always love hearing when a WCS staff member is doing an outstanding job. She loved hearing the positive feedback and we will be sure to share this in Community Meeting. And we cannot agree with you more. We think she is doing a fantastic job running groups and always being a positive individual supporting our community of wellness.

Comment #2: Playing a visual game during game hours at Wellness Center. It's a very fun game. People at the center enjoy!

Response #2: Thank you for the suggestion. We will be adding this game to the collection of games that we have for our center. We are glad that the games serve as an opportunity for socialization as socialization is a big part of recovery. Making safe recovery relationships is great for our self-esteem as well it builds a network of support to hold us accountable to the growth and development that takes place at the Wellness Center.

Comment #3: M.A. Meetings.

Response #3: Thank you for the suggestion M.A. has been added to the March calendar. We hope this 12 Step Recovery Group is helpful to you on your journey. Our WCS staff are excited to know that we have members interested in refraining from substances that can be harmful to our recovery. We love supporting our Peers with making these types of changes to set them up for success in the future.

Comment #4: Could we purchase a ukulele for the center?

Response #4: Yes! That is a great suggestion and such a great instrument to add to our Music Jam group. We will work with the Peer Specialist that runs Music Jam for us to select the ukulele that will go into our collection.

Comment #5: We should do our very own talent show.

Response #5: Great suggestion! We absolutely agree. We will be adding this to our schedule of events at WCS for the fiscal year 2025-2026. We were impressed that so many WCS members have signed up to take part in the WCC Talent Show on April 12, 2025. We hope that you enjoy performing at the WCC talent show.

Comment #6: Non-Binary Group on days where Men's and Women's group occurs.

Response #6: Thank you for the suggestion! We will be creating a Non-Binary Group to be added to the May calendar. WCS is such an accepting community, we are so grateful that you have become

members and we want to make sure our calendar represents inclusivity. We look forward to working with you to design this group and create lesson plans that would best support our Peers that would attend this group.

Comment #7: Move member appreciation to July or August depending on the event that switch with it. This could also support the WCS budget and we can lump this in with a 10-year anniversary celebration for the 10 years that WCS has existed. If we end up in a new building this might attract new people from the area. We can also call it a new beginning.

Response #7: Thank you for the great suggestion. This has been quite the year with our program, especially hearing at the beginning of the year that our landlord will not be renewing our lease agreement in the building. However, since that notification we have been informed that our landlord has expressed a change of heart and is currently open to extending our lease another 12 months to stay at our current location. We presented this information to our MAB and we are all in agreement that it is in our best interest to extend our lease in the building another 12 months and plan for a future move for July 1, 2026.

Please contact Program Director, Raul Fernandez directly if you have any question or any other concerns at (949)528-6822 or Raul.Fernandez@clarvida.com