

Wellness Center South
Suggestion Box Comments & Responses - November 2024

At Wellness Center South we value your feedback! Below you will find responses to your comments and suggestions from the MAB and staff. We have tried our best to comment on each suggestion/comment to meet your needs. Please let staff or a MAB member know if your question/comment has not been answered and/or addressed. Thank you!

Comments & Suggestions:

Comment #1: When can we go back to the surf museum?

Response #1: We loved hearing that the trip to the Surfing Heritage and Culture Center in San Clemente was a great place to visit. We will be sure to add this to a future outing on the calendar.

Comment #2: Tai Chi Tuesday or Thursday.

Response #2: Great suggestion! We will be looking at adding Tai Chi to our calendar in January. The Peer Support Specialist suggested by the members was grateful to be selected by the members and looks forward to adding this group.

Comment #3: Stress Management group any day and any time.

Response #3: Great news! Stress Management has been added to the December calendar on Tuesdays at 10:10 AM.

Comment #4: Make Music Jam hybrid.

Response #4: That is a really great idea! We will explore this idea and see if we can start making Music Jam hybrid. That would be a wonderful treat for members to be able to experience this amazing group remotely.

Comment #5: WCS Health Fair Day. Bring in community partners to promote nutrition and exercise.

Response #5: Yes, we plan on adding a Health Fair Day in the new fiscal year. MAB will work with WCS staff to plan this very exciting event.

Fernandez directly if you have any question or any other concerns at (949)528-6822 or
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