

**Wellness Center South**  
**Suggestion Box Comments & Responses - October 2024**

At Wellness Center South we value your feedback! Below you will find responses to your comments and suggestions from the MAB and staff. We have tried our best to comment on each suggestion/comment to meet your needs. Please let staff or a MAB member know if your question/comment has not been answered and/or addressed. Thank you!

**Comments & Suggestions:**

**Comment #1:** To start a new group called UFO/E.T. Talk.

**Response #1:** Thank you for taking the time and making a suggestion. Although UFO's can be an interesting conversation. WCS will not be adding a group dedicated to talk about UFO's. We hope that you continue to enjoy coming to WCS and participating in the existing support groups.

**Comment #2:** More class for Guitar so that we can get more practice.

**Response #2:** We really enjoy our music groups at WCS. We currently have two music jams during the week on Wednesday's and Friday's and Learn Guitar on Friday's at 1:00 PM. Please feel free to practice playing the guitar in any of these three groups. We will not be adding any additional music groups to the calendar at this time so that we can remain balanced with our emotional and spiritual support groups inside the building. Thank you for understanding and your continued support of WCS.

**Comment #3:** Stress Management Group on Tuesday, Wednesday, or Thursday at 10 AM.

**Response #3:** Great suggestion! We will look to add Stress Management to our December calendar. At one time WCS had Stress Management on our calendar. We are excited to bring this group back to WCS.

Fernandez directly if you have any question or any other concerns at (949)528-6822 or  
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